

Letter from President



Dear Seattle Members,

I want to wish a Happy Mother's Day to all of you. To the ones who already have children, want children, will have children, and to those who have children of the furry four footed variety. This is for you:
When God Created Mothers by Erma Bombeck

When the Good Lord was creating mothers, He was into His sixth day of "overtime" when the angel appeared and said. "You're doing a lot of fiddling around on this one." And God said, "Have you read the specs on this order?" She has to be completely washable, but not plastic. Have 180 moveable parts...all replaceable. Run on black coffee and leftovers. Have a lap that disappears when she stands up. A kiss that can cure anything from a broken leg to a disappointed love affair. And six pairs of hands." The angel shook her head slowly and said. "Six pairs of hands.... no way." It's not the hands that are causing me problems," God remarked, "it's the three pairs of eyes that mothers have to have." That's on the standard model?" asked the angel. God nodded. One pair that sees through closed doors when she asks, 'What are you kids doing in there?' when she already knows. Another here in the back of her head that sees what she shouldn't but what she has to know, and of course the ones here in front that can look at a child when he goofs up and say. 'I understand and I love you' without so much as uttering a word." God," said the angel touching his sleeve gently, "Get some rest, tomorrow...." I can't," said God, "I'm so close to creating something so close to myself. Already I have one who heals herself when she is sick...can feed a family of six on one pound of hamburger...and can get a nine year old to stand under a shower." The angel circled the model of a mother very slowly. "It's too soft," she sighed. But tough!" said God excitedly. "You can't imagine what this mother can do or endure." Can it think?" Not only can it think, but it can reason and compromise," said the Creator. Finally, the angel bent over and ran her finger across the cheek. There's a leak," she pronounced. "I told you that you were trying to put too much into this model." It's not a leak," said the Lord, "It's a tear." What's it for?" It's for joy, sadness, disappointment, pain, loneliness, and pride." You are a genius," said the angel. Somberly, God said, "I didn't put it there."

Love & Peace,

Lonia Tate
EWI Chapter President
Ben Bridge Jeweler, Inc.

2014 - 2015 Officers & Directors

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For the Garden of Your Daily Living

– Garden Angels

Spring is in the air here in Seattle! When we came across this it felt like one of those things that you should share with everyone in your life. It's a great time to renew yourself and the way you treat and interact with others.

PLANT THREE ROWS OF PEAS

1. Peace of mind
2. Peace of heart
3. Peace of soul

PLANT FOUR ROWS OF SQUASH

1. Squash gossip
2. Squash indifference
3. Squash grumbling
4. Squash selfishness

PLANT FOUR ROWS OF LETTUCE

1. Lettuce be faithful
2. Lettuce be kind
3. Lettuce be patient
4. Lettuce really love one another

NO GARDEN WITHOUT TURNIPS

1. Turnip for meetings
2. Turnip for service
3. Turnip to help one another

TO CONCLUDE OUR GARDEN WE MUST HAVE THYME

1. Thyme for each other
2. Thyme for family
3. Thyme for friends

Water freely with patience and cultivate with love for there is much fruit in your garden because you reap what you sow.

Eight Business Etiquette Tips Everyone Should Follow

http://www.huffingtonpost.com/amy-arndt/8-business-etiquette-tips_b_4665674.html

- Turn off your gadgets in meetings
- Arrive on time for meetings (face to face or virtual)
- When it comes to business meals, bring your manners
- No nail trimming at work
- Express gratitude
- Whether it's a company-wide function or a team dinner, ask before inviting your significant other.
- Don't say anything in email or instant message that you don't mind being broadcast to your entire organization.
- Don't dominate the "Questions" segment in meetings



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Spring is in the Air

All the flowers and trees in Seattle are blooming and we are loving how much color this season brings to our area.

Scholarship Director Update

Tis the season! The scholarship process is coming to a close. We are excited to announce our chapter winners at the EWI scholarship dinner tonight.

EWI Seattle offers two scholarship programs, EWISP & ASIST, to help qualified applicants to achieve their academic goals. This year our Adult Students in Scholastic Transition Program (ASIST) received no applicants. We decided as a chapter to allocate that money to our EWISP winners. Our Executive Women International Scholarship Program (EWISP) is given to high school seniors who will be eligible for either first place of \$5,000 or second place of \$2,000. We received a very generous donation from a previous EWI member that made possible for larger giving this year. We are so thankful!

Feel free to contact our scholarship director with questions at any time: ewiseattle@outlook.com

Community Update

The Seattle Chapter of Executive Women International has been busy raising money for a local organization that supports many groups across Washington State. We just launched a go fund me page for donations and our goal is to raise \$1000 for the organization.

Children's Books for Page Ahead

SEATTLE, WA

\$240 of \$1,000

Raised by 4 people in 26 days

[Donate Now](#)

[SHARE ON FACEBOOK](#)

gofundme

Created April 21, 2015
EWI Seattle

0 TOTAL SHARES | [f SHARE](#) 0 | [t TWEET](#) 0

If you feel inclined, please help the EWI Seattle members support Page Ahead and the thousands of children across our state to improve their reading and writing skills.

<http://www.gofundme.com/EWIPageAhead2015>

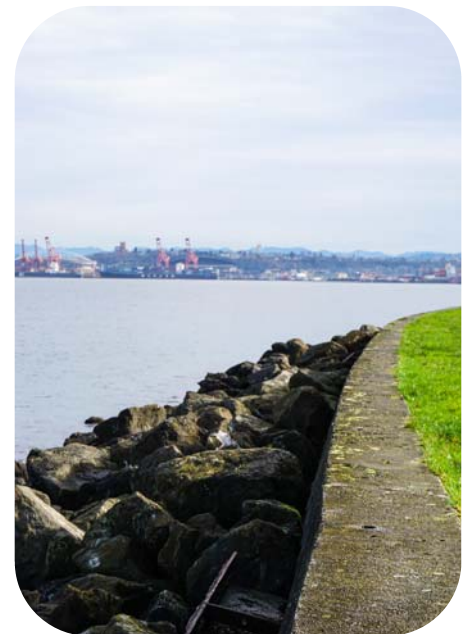
DATES TO NOTE

May 19, 2015

Scholarship awards dinner
EWISP award winners announced

July 16, 2015

Chapters receive notification of Corporate EWISP winners



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CONNECTIONS | CAREERS | COMMUNITY

Join the Conversation!

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Professional Development Article

Critical Things Ultra-Productive People Do Differently

Dr. Travis Bradberry

When it comes to productivity, we all face the same challenge—there are only 24 hours in a day. Yet some people seem to have twice the time; they have an uncanny ability to get things done. Even when juggling multiple projects, they reach their goals without fail. We all want to get more out of life. There's arguably no better way to accomplish this than by finding ways to do more with the precious time you've been given. It feels incredible when you leave the office after an ultra-productive day. It's a workplace high that's hard to beat. With the right approach, you can make this happen every day. You don't need to work longer or push yourself harder—*you just need to work smarter*. Ultra-productive people know this. As they move through their days they rely on productivity hacks that make them far more efficient. They squeeze every drop out of every hour without expending any extra effort. The best thing about these hacks is they're easy to implement. So easy that you can begin using them today. Give them a read, give them a whirl, and watch your productivity soar.

They Never Touch Things Twice

Productive people never put anything in a holding pattern, because touching things twice is a huge time-waster. Don't save an email or a phone call to deal with later. As soon as something gets your attention you should act on it, delegate it or delete it.

They Get Ready for Tomorrow Before They Leave the Office

Productive people end each day by preparing for the next. This practice accomplishes two things: it helps you solidify what you've accomplished today, and it ensures you'll have a productive tomorrow. It only takes a few minutes and it's a great way to end your workday.

They Eat Frogs

"Eating a frog" is the best antidote for procrastination, and ultra-productive people start each morning with this tasty treat. In other words, they do the least appetizing, most dreaded item on their to-do list before they do anything else. After that, they're freed up to tackle the stuff that excites and inspires them.

They Fight The Tyranny Of The Urgent

The tyranny of the urgent refers to the tendency of little things that have to be done right now to get in the way of what really matters. This creates a huge problem as urgent actions often have little impact.

If you succumb to the tyranny of the urgent, you can find yourself going days, or even weeks, without touching the important stuff. Productive people are good at spotting when putting out fires is getting in the way of their performance, and they're willing to ignore or delegate the things that get in the way of real forward momentum.

They Stick to the Schedule During Meetings

Meetings are the biggest time waster there is. Ultra-productive people know that a meeting will drag on forever if they let it, so they inform everyone at the onset that they'll stick to the intended schedule. This sets a limit that motivates everyone to be more focused and efficient. The bad news is time flies.

They Say No

No is a powerful word that ultra-productive people are not afraid to wield. When it's time to say no, they avoid phrases such as I don't think I can or I'm not certain. Saying no to a new commitment honors your existing commitments and gives you the opportunity to successfully fulfill them. Research conducted at the University of California in San Francisco shows that the more difficulty that you have saying no, the more likely you are to experience stress, burnout, and even depression. Learn to use no, and it will lift your mood, as well as your productivity.

They Only Check E-mail At Designated Times

Ultra-productive people don't allow e-mail to be a constant interruption. In addition to checking e-mail on a schedule, they take advantage of features that prioritize messages by sender. They set alerts for their most important vendors and their best customers, and they save the rest until they reach a stopping point. Some people even set up an autoresponder that lets senders know when they'll be checking their e-mail again.

They Don't Multitask

Ultra-productive people know that multitasking is a real productivity killer. Research conducted at Stanford University confirms that multitasking is less productive than doing a single thing at a time.

Professional Development Article, *continued*

Critical Things Ultra-Productive People Do Differently

Dr. Travis Bradberry

The researchers found that people who are regularly bombarded with several streams of electronic information cannot pay attention, recall information or switch from one job to another as well as those who complete one task at a time. But what if some people have a special gift for multitasking? The Stanford researchers compared groups of people based on their tendency to multitask and their belief that it helps their performance. They found that heavy multitaskers—those who multitask a lot and feel that it boosts their performance—were actually worse at multitasking than those who like to do a single thing at a time. The frequent multitaskers performed worse because they had more trouble organizing their thoughts and filtering out irrelevant information, and they were slower at switching from one task to another. Ouch.

Multitasking reduces your efficiency and performance because your brain can only focus on one thing at a time. When you try to do two things at once, your brain lacks the capacity to perform both tasks successfully.

They Go off The Grid

Don't be afraid to go off grid when you need to. Give one trusted person a number to call in case of emergency, and let that person be your filter. Everything has to go through them, and anything they don't clear has to wait. This strategy is a bulletproof way to complete high-priority projects.

They Delegate

Ultra-productive people accept the fact that they're not the only smart, talented person in their organization. They trust people to do their jobs so that they can focus on their own.

They Put Technology to Work for Them

Technology catches a lot of flak for being a distraction, but it can also help you focus. Ultra-productive people put technology to work for them. Beyond setting up filters in their e-mail accounts so that messages are sorted and prioritized as they come in, they use apps like IFTTT, which sets up contingencies on your smart phone and alerts you when something important happens. This way, when your stock hits a certain price or you have an email from your best customer, you'll know it. There's no need to be constantly checking your phone for status updates.

We're all searching for ways to be more efficient and productive. I hope these strategies help you to find that extra edge.

Scholarship Awards Dinner

Wherever you're going, we're glad to help get you there...

Executive Women International, Seattle Chapter members are proud to present their 26th Annual Scholarship Award Dinner.

CELEBRATE with us as we honor our two EWISP scholarship award winners.

Network with chapter members & **EDUCATE** yourself on EWI's scholarship program.

GIVE THANKS with us as we honor one of our own member's generous donations to our scholarship program.



Executive Women International, Seattle Chapter | P.O. Box 2476 Seattle, WA 98111-2476 | ewiseattle@gmail.com

DATE
19th of May, 2015

TIME
5:00—8:00 pm

LOCATION
The Washington Athletic Club
Johnson Lobby Lounge
1325 6th Ave
Seattle, Washington 98101

PARKING
Parking will be validated for the WAC garage at 1409 6th Ave.

TO REGISTER
<http://ewiseattle.org/dinner-meetings/>

If you are interested in learning more about EWI or want to join us at our next open meeting, please email us at ewiseattle@outlook.com